

Patchogue-Medford Schools make every attempt to ensure that products brought into the District are “peanut free”; however we have no control over Manufacturers changes to production lines. Therefore, we cannot claim to be a “peanut free” District.



"The Courts" at the High School Cafe

JANUARY 2024

Visit us on the Patchogue-Medford website: www.pmschools.org for helpful links to learn about healthy eating, nutrition, carbohydrate counts, allergies, exercise, and much more!

<u>Meal Prices</u>	
Breakfast	Free
Lunch	Free
Reduced Lunch	Free
Milk	\$0.40
Adult Meals (includes tax)	\$5.42

MON	TUE	WED	THU	FRI
CLOSED	2	3	4	5
8	9	10	11	12
CLOSED	16	17	18	19
22	23	24	25	26
29	30	31		

Breakfast Served Daily \$1.00

Lunch consists of Meat or Meat Alternate, Vegetable, Fruit, Grains/Bread & Milk

<u>Daily Vegetable and Fruit Selection</u>	Meal of the Day Court	Mexican Court	Chicken Court	Pizza Court	<u>PREPAID MEALS AVAILABLE</u>
<u>Monday</u> Carrot Sticks & Peaches <u>Tuesday</u> Kidney Bean Salad & Mixed Fruit <u>Wednesday</u> Corn and Pepper Salad, French Fries & Pears <u>Thursday</u> Broccoli Florets & Applesauce <u>Friday</u> Celery Sticks & Apple Slices	Mozzarella Sticks with Marinara Sauce French Bread Ham and American Cheese on Roll Turkey and American Cheese on Roll Yogurt Parfait Assorted Wraps & Grilled Chicken Salad Sandwiches served with Lettuce, Tomato & Condiment Daily Vegetable and Fruit Selection Milk Selection	Build your own Tacos or Nachos Lettuce, Tomato, Salsa, Cheese Sauce Rice Daily Vegetable and Fruit Selection Milk Selection	Spicy Chicken Pattie Sandwich Crispy Chicken Pattie Sandwich Popcorn Chicken w/French Bread Sandwiches served with Lettuce, Tomato & Condiment Daily Vegetable and Fruit Selection Milk Selection	Pizzeria Style Cheese Pizza (plain or w/topping) Daily Vegetable and Fruit Selection Milk Selection	Breakfast Kiosk available at Main Entrance daily

~Menu subject to change without notice~